



ACTIVITIES CALENDAR

Elderwood of Scallop Shell at Wakefield
March 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Sit & Be Fit 31 11:00 Non-Denominational Services 2:00 Cornhole 3:00 Pokeno Easter	LOCATION KEY: Activities are subject to change. Based on the interests of our Residents. Communion Service is provided On Sunday.				10:30 Sit & Be Fit 1 11:15 Move & Shake 12:45 Spa & Nails 2:00 Rosary 3:00 Pub Social 6:15 Card Club Share a Smile Day	10:00 Weekly Menu 2 Planning 11:00 Noodle Ball 1:00 Spa & Nails 3:00 Room to Room Welcoming Committee 4:00 Would you Rather
10:30 Sit & Be Fit 3 11:00 Non-Denominational Services 2:00 Cornhole 3:00 Pokeno	10:00 Wake up Sensory 4 10:30 Sit & Be Fit 2:15 Culinary Arts: Coffee Cake 3:15 Rock & Roll Dice Game 3:45 Bite of Delight	10:30 Sit & Be Fit 5 11:00 Travelogue: 2:15 Painting Lessons: Curious Bunny 4:15 Scallop Shell Glee Club 6:15 Artsy Hour with Friends	10:00 Wake Up Sensory 6 10:30 Sit & Be Fit 11:00 Artistic Creations 1:30 St. Francis Catholic Mass 2:15 Crafty Wednesday: Painted wooden Box 3:30 Walking Trail 6:15 Masterpiece Touch Ups Oreo Cookie Day	10:30 Sit & Be Fit 7 11:00 The Monthly Gazette 2:00 Activity Calendar Planning 3:00 Music with Erik 6:15 Bingo	10:30 Sit & Be Fit 8 11:15 Move & Shake 12:45 Spa & Nails 2:00 Rosary 3:00 Pub Social 6:15 Card Club	10:00 Weekly Menu 9 Planning 11:00 Noodle Ball 1:00 Spa & Nails 3:00 Room to Room Welcoming Committee 4:00 Yes I Have
10:30 Sit & Be Fit 10 11:00 Non-Denominational Services 2:00 Cornhole 3:00 Pokeno Daylight Savings	10:00 Wake up Sensory 11 10:30 Sit & Be Fit 2:15 Culinary Arts: Shamrock Parfaits 3:15 Rock & Roll Dice Game 3:45 Bite of Delight	10:15 Resident Council 12 2:15 Painting Lessons: Four Leaf Clover 4:15 Scallop Shell Glee Club 6:15 Artsy Hour with Friends Girl Scout Birthday	10:00 Wake Up Sensory 13 10:30 Sit & Be Fit 11:00 Artistic Creations 2:15 Crafty Wednesday: Shamrock Wreath 3:30 Walking Trail 6:15 Kings Corner Card Game	10:30 Sit & Be Fit 14 11:00 Scallop Shell Scoop 2:00 Room to Room Welcoming Committee 3:00 Music with Andy 6:15 Let it Snow Bingo Pi Day	10:30 Sit & Be Fit 15 11:15 Move & Shake 12:45 Spa & Nails 2:00 Rosary 3:00 St. Patty's Day Party & Potato Bar 6:15 Card Club	10:00 Weekly Menu 16 Planning 11:00 Noodle Ball 1:00 Spa & Nails 3:00 Room to Room Welcoming Committee 4:00 This or That
10:30 Sit & Be Fit 17 11:00 Non-Denominational Services 2:00 Sweet Sixteen Basketball Tournament 3:00 Pokeno Happy St. Patrick's Day	10:00 Wake up Sensory 18 10:30 Sit & Be Fit 2:15 Culinary Arts: Irish Soda Bread 3:15 Rock & Roll Dice Game 3:45 Bite of Delight	10:30 Sit & Be Fit 19 11:00 Travelogue: 2:15 Painting Lessons: Baby Robin 4:15 Scallop Shell Glee Club 6:15 Artsy Hour with Friends	10:00 Wake Up Sensory 20 10:30 Sit & Be Fit 11:00 Artistic Creations 2:15 Crafty Wednesday: Popsicle stick Birdhouses 3:30 Walking Trail 6:15 Masterpiece Touch Ups Spring Equinox	10:30 Sit & Be Fit 21 11:00 Scallop Shell Scoop 2:00 Room to Room Welcoming Committee 3:00 Music with Erik 6:15 Spring has Sprung Bingo	10:30 Sit & Be Fit 22 11:15 Move & Shake 12:45 Spa & Nails 2:00 Rosary 3:00 Pub Social 6:15 Card Club	10:00 Weekly Menu 23 Planning 11:00 Noodle Ball 1:00 Spa & Nails 3:00 Room to Room Welcoming Committee 4:00 Apples to Apples Puppy Day
10:30 Sit & Be Fit 24 11:00 Non-Denominational Services 2:00 Sweet Sixteen Basketball Tournament 3:00 Pokeno	10:00 Wake up Sensory 25 10:30 Sit & Be Fit 2:15 Culinary Arts: Oatmeal Raisin Cookies 3:15 Rock & Roll Dice Game 3:45 Bite of Delight	10:30 Sit & Be Fit 26 11:00 Travelogue: 2:15 Painting Lessons: Spring Flowers 4:15 Scallop Shell Glee Club 6:15 Community Project Goodies for do-gooders	10:00 Wake Up Sensory 27 10:30 Sit & Be Fit 11:00 Artistic Creations 2:15 Crafty Wednesday: Beaded Bracelets 3:30 Walking Trail 6:15 Kings Corner Card Game	10:30 Sit & Be Fit 28 11:00 Scallop Shell Scoop 2:00 Room to Room Welcoming Committee 3:00 Music with Robert 6:15 Spring has Sprung Bingo Opening Day for Baseball	10:30 Sit & Be Fit 29 11:15 Move & Shake 12:45 Spa & Nails 2:00 Rosary 3:00 Resident Birthday Party & Ice Cream Social 6:15 Card Club Good Friday	10:00 Weekly Menu 30 Planning 11:00 Noodle Ball 1:00 Spa & Nails 3:00 Room to Room Welcoming Committee 4:00 Would You Rather



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Shell at Wakefield

SEASONS

March
2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Tea & Talk 31 11:00 Non- Denominational service 2:00 Parachute Popcorn Game 2:30 Music & Refreshments 3:00 Rosary 4:00 Noodle ball 6:15 Spa& Nails Easter	LOCATION KEY: Activities are subject to change. Based on the interests of our Residents. Communion Service is provided On Sunday.			Daily Season Activities Monday-Saturday 10:00 Wake Up Sensory 10:20 Walking Trail 10:50 The Scoop 11:10 Move & Shake 1:15 Classic TV Show	1:45 Music Bingo: Marching 1 To the Music 2:15 Walking Trail 3:00 Pub Social 4:15 Cardio Drumming 6:15 Piano Concert	11:30 Life Skills: Men’s Club 2 1:45 Weekly Menu Planning 2:30 Sort & Fold 3:00 Bingo 3:45 Saturday Matinee 6:15 Card Night
10:30 Tea & Talk 3 11:00 Non- Denominational service 2:00 Parachute Popcorn Game 2:30 Music & Refreshments 3:00 Rosary 4:00 Noodle ball 6:15 Spa& Nails March into Madrid	1:45 Grocery List 4 2:15 Culinary Arts: Coffee Cake 3:15 List It: Favorite Foods 3:45 Bite of Delight 4:15 Memory Magic 6:15 Basketball League Practice	2:15 Painting: Castanets 5 3: 15 Winter Collage 4:15 Walking Trail : Thru Madrid 6:15 Artsy Hour with Friends	11:30 Life Skills: Ladies Club 6 1:30 St. Francis Catholic Mass 2:15 Crafty Wednesday: Castanets 3:15 Milk and Cookies Time 4:00 Run of the Bulls Races 6:15 Indoor Volleyball Oreo Day	9:30 Breakfast Club 7 1:45 Travelogue: Flamenco Dancers 2:15 Walking Trail: Thru Madrid 3:00 Live Entertainment 4:15 Winter Bowling 6:15 Scallop Shell Glee Club	1:45 Music Bingo: Marching 8 To the Music 2:15 Walking Trail : Thru Madrid 3:00 Pub Social 4:15 Cardio Drumming 6:15 Piano Concert	11:30 Life Skills: Men’s Club 9 1:45 Weekly Menu Planning 2:30 Sort & Fold 3:00 Bingo 3:45 Saturday Matinee 6:15 Puzzle Time Popcorn Day
10:30 Tea & Talk 10 11:00 Non- Denominational service 2:00 Parachute Popcorn Game 2:30 Music & Refreshments 3:00 Rosary 4:00 Noodle ball 6:15 Spa& Nails Luck of the Irish Week	1:45 Grocery List 11 2:15 Culinary Arts: Shamrock Parfaits 3:15 List It: All things Lucky 3:45 Bite of Delight 4:15 Memory Magic 6:15 Basketball League Practice	2:15 Painting: Shamrock 12 3: 15 Winter Collage 4:15 Walking Trail : Ireland 6:15 Artsy Hour with Friends	11:30 Life Skills: Ladies Club 13 2:15 Crafty Wednesday: Tissue Paper Shamrocks 3:15 I Got It 4:00 Run of the Bulls Races 6:15 Indoor Volleyball	9:30 Breakfast Club 14 1:45 Travelogue: Ireland 2:15 Walking Trail: Ireland 3:00 Live Entertainment 4:15 Winter Bowling 6:15 Scallop Shell Glee Club Pi Day	1:45 Music Bingo: Luck of The Irish 15 2:15 Walking Trail : Ireland 3:00 St Patrick’s Day Party & Potato Bar 4:15 Cardio Drumming 6:15 Piano Concert	11:30 Life Skills: Men’s Club 16 1:45 Weekly Menu Planning 2:30 Sort & Fold 3:00 Bingo 3:45 Saturday Matinee 6:15 Card Night
10:30 Tea & Talk 17 11:00 Non- Denominational service 2:00 Celtic Dance Competition 2:30 Music & Refreshments 3:00 Rosary 4:00 Noodle ball 6:15 Spa& Nails St. Patty’s Day Signs of Spring	1:45 Grocery List 18 2:15 Culinary Arts: Irish Soda Bread 3:15 List It: All Things St. Patty 3:45 Bite of Delight 4:15 Memory Magic 6:15 Sweet 16 Basketball Tournament	10:15 Resident Council 19 2:15 Painting: St. Patty’s day Rainbow 3: 15 Spring Collage 4:15 Walking Trail : Signs Of Spring 6:15 Artsy Hour with Friends	11:30 Life Skills: Ladies Club 20 2:15 Crafty Wednesday: Leprechaun Hats 3:15 I Got It 4:00 Run of the Bulls Races 6:15 Indoor Volleyball Spring Equinox	9:30 Breakfast Club 21 1:45 Jeopardy Spring Edition 2:15 Walking Trail: Signs Of Spring 3:00 Live Entertainment 4:15 Spring Bowling 6:15 Scallop Shell Glee Club	1:45 Music Bingo: Spring Has Sprung ! 22 2:15 Walking Trail : Signs Of Spring 3:00 Pub Social 4:15 Cardio Drumming 6:15 Piano Concert	11:30 Life Skills: Men’s Club 23 1:45 Weekly Menu Planning 2:30 Sort & Fold 3:00 Bingo 3:45 Saturday Matinee 6:15 Puzzle Time Puppy Day
10:30 Tea & Talk 24 11:00 Non- Denominational service 2:00 Family Feud 2:30 Music & Refreshments 3:00 Rosary 4:00 Noodle ball 6:15 Spa& Nai Spring Into Barcelona	1:45 Grocery List 25 2:15 Culinary Arts: Oatmeal Raisin Cookies 3:15 List It: Signs of Spring 3:45 Bite of Delight 4:15 Memory Magic 6:15 Sweet 16 Basketball Tournament	2:15 Painting: Easter Bunny 26 3: 15 Spring Collage 4:15 Walking Trail 6:15 Artsy Hour with Friends	11:30 Life Skills: Ladies Club 27 2:15 Crafty Wednesday: Beaded Butterflies 3:15 I Got It 4:00 Run of the Bulls Competition 6:15 Indoor Volleyball	9:30 Breakfast Club 28 1:45 Travelogue : Barcelona 2:15 Walking Trail: Thru Barcelona 3:00 Live Entertainment 4:15 Noodle Baseball 6:15 Scallop Shell Glee Club Opening Day for Baseball	1:45 Music Bingo: Spring is Here! 29 2:15 Walking Trail: Thru Barcelona 3:00 Resident Birthday & Ice Cream Social 4:15 Cardio Drumming 6:15 Piano Concert	11:30 Life Skills: Men’s Club 30 1:45 Weekly Menu Planning 2:30 Sort & Fold 3:00 Bingo 3:45 Saturday Matinee 6:15 Card Night

Resident & Activity Highlights

Celebrating Mardi Gras

Scallop Shell celebrated Mardi Gras by decorating masks, a tradition that dates back thousands of years.

March Birthdays

Jeffrey W.
8
Jan P.
17
Irene W.
26
Gwen D.
27
Ann M.
27
Russell O.
28
Michelle T.
28

Best Wishes to Discharged Residents

Justine G.
Rose L.
Barbara K.
Thelma B.
Ron H.
George S.
Julia H.
William A.
Helen R.
John C.
Delores E.

In Memoriam

Wyman "Joe" P.
Patricia M.



Artistic Creations

Barbara M., Russ O., and
Astrid M. show their
creative side by decorating
Mardi Gras Masks



Painting Endeavors

Gwen D, Pat B and Collette C. participate in our
Painting Lesson Activity



Elderwood of Scallop Shell at Wakefield
55 Scallop Shell Way, Wakefield RI 02879

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Key Staff

Kristine Cardozo
Executive Director

Laine Colleran
Director of Nursing

Melinda Lussier
Activity Director

Jeffrey Simshauser
Dining Services Director

Resident Profile Diane R.



Marjorie "Diane" R. was born on August 16, 1937, in South Kingstown RI. Her family growing up consisted of her dad Francis, her mom Marjorie, her sisters Carolyn and Dorothy and her brother Bob.

Diane was a graduate of South Kingstown RI. In her early years she worked at a nursing home in North Kingstown. She then joined the Visiting Nurses Association where she worked as a CNA and provided Hospice Care for 20+ years.

She met her future husband Hugh, at Hugh's sister's wedding. They married on July 27, 1956. They made their home in South Kingstown RI and had three children, Becky, Tim, and Julie. Becky is retired from Schneider Electric Marketing. Tim is a retired Sr. Deputy Chief for the City of Newport RI Fire Department. Julie is a business analyst at Schneider Electric. Diane also has 3 grandchildren and one great-granddaughter.

Diane has a memory book filled with cards from the families of her past patients over the years, sending their thanks and gratitude for all her hard work as a CNA.

Diane always enjoyed needlepoint, embroidery, bingo and spending time with her children, grandchildren, and her great-granddaughter. Diane has become a regular during all the activities here at Scallop Shell and she is always putting a smile on everyone's face.