

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:45 Move it or Lose it 30 10:15 Lucky Duck Fishing 10:45 Jewelry Creations 1:30 Beach Day Happy Hour 2:45 Bingo 4:15 Traveling Book Cart Beach Week	10:00 Big Band Wake Up 31 10:30 Paint Beach Scene 1:45 Hangman: Beach Sayings 2:45 Bingo 4:00 Shell Painting	LOCATION KEY MDR – Main Dining Room AR – Activities Room O – Outside CD – Chittenden Dining Room CU – Champlain Unit MU – Mansfield Unit <i>*Activities and locations are subject to change</i>				9:45 Saturday Stretch 1 10:15 Balloon Volleyball 2:00 Tea & Treats on the Patio 4:15 Cards
10:00 Sunday Service 2 10:45 Bird Watching 1:30 Shuffleboard League 3:00 Independence Day Decorating. 3:45 Sunday Matinee Independence Week	10:00 Move It or Lose It 3 10:30 Cooper LIVE Music 1:45 Red, White and Blue Spa Nail Painting. 2:45 Bingo 4:15 Rehab Rounds	10:00 Move It or Lose It 4 10:45 Balloon Volleyball 1:30 Lava Lamps 2:30 DJ Paul 3:45 Fireworks Party Independence Day	10:00 Move It or Lose It 5 10:45 Guess Who – American Presidents 1:45 Family Feud 2:45 Bingo 4:00 Fireworks Viewing	10:00 Move It or Lose It 6 10:45 4 th of July Trivia & History 1:45 Cardio Drumming 3:00 Patriotic Pick-a-Letter 4:00 Ice Cream Social	10:00 Move It or Lose It 7 10:45 Balloon Volleyball 1:30 Bowling League 2:45 Bingo 4:00 Rehab Rounds	10:00 Cross Point Church 8 Dan Cabrera & Cindy Rickson-Hymn Singing 11:15 Crafty Corner: Tissue Paper Flowers 1:45 Jeopardy: America 2:45 Independence Social
10:00 Sunday Service 9 10:45 Diamond Art 1:45 Shuffleboard League 3:45 Sunday Matinee: Travel Hawaiian Week	10:00 Move It or Lose It 10 10:45 Make Leis 1:45 Pass The Coconut 2:45 Bingo 4:15 Travelogue: Hawaii	10:00 Move It or Lose It 11 10:30 Culinary Arts: Pineapple 1:45 Pineapple Social Tasting 3:30 Luau Party	10:00 Move It or Lose It 12 10:45 Phase 10 2:00 Corey Gottfried Live Music 3:00 Bingo	10:00 Move It or Lose It 13 10:45 Mod Limbo 2:45 Resident Council 4:00 Spa Day Hawaiian Style Music	10:00 Move It or Lose It 14 10:30 Cooie Live Music 1:45 ULU Maika 2:45 Bingo 4:00 Rehab Rounds	10:00 Chair Zumba 15 10:45 Balloon Volleyball 1:45 Jeopardy: Hawaii 3:00 Afternoon Treats & Reminiscing: Pets 4:00 Hawaiian Trivia
10:00 Sunday Service 16 10:45 Diamond Art 1:45 Shuffleboard League 3:45 Sunday Matinee: Travel Travel Week	10:00 Move It or Lose It 17 10:45 Travelogue: New Hampshire 2:00 Bingo 3:30 Father Dallas	10:00 Move It or Lose It 18 10:45 Paint Granite State Rocks 1:45 Skiing White Mountains 2:30 DJ Paul 3:30 Wii Bowling	10:00 Move It or Lose It 19 10:45 Travelogue: Washington, DC 1:45 Name that Presidents Pet 2:45 Bingo 4:15 Spa Nails Day	10:00 Move It or Lose It 20 10:45 Jeopardy: DC 1:45 Name that Monument 2:30 Stewart Foster and Jim Neary LIVE Music 4:15 Culinary: Fruit Popsicles	10:00 Move It or Lose It 21 10:45 Travelogue: NYC 1:30 Bowling League 1:45 Name that Sky Scraper 2:45 Bingo	10:00 Chair Zumba 22 10:45 Comedy Hour 1:45 How many Bridges: NYC? 2:45 Color a Bridge / Sky Scraper 3:45 Jeopardy: NYC
10:00 Sunday Service 23 10:45 Diamond Art 1:45 Shuffleboard League 3:45 Sunday Matinee: Comedy Comedy Week	10:00 Move It or Lose It 24 10:45 Joke Telling 1:45 Create a Person 2:45 Bingo 4:15 What's In The Box?	10:00 Move It or Lose It 25 10:45 Trivia: Finish the Riddle 1:45 Name that Comedian 2:30 Joke Conversation Ball 3:30 Snack and Chat	10:00 Move It or Lose It 26 10:45 Balloon Volleyball 1:45 Clown Toss 2:45 Bingo 4:15 Rehab Rounds	10:00 Move It or Lose It 27 10:45 Left Right Center 1:45 Balloon Volleyball 3:00 Afternoon Treats & Reminiscing: Lemonade	10:00 Move It or Lose It 28 10:45 Phase 10 1:30 Bowling League 2:45 Bingo 4:15 Rehab Rounds	10:00 Chair Zumba 29 10:45 Clown Shoot 2:15 Jeopardy: Riddles 3:00 Stretching to the Oldies 3:30 Spa Day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
10:00 Balloon Volleyball 30 11:30 Sights, Sounds, Smells of The Beach 1:30 Beach Day Happy Hour 2:45 Sensory Balance 4:00 Name that Food Beach Week	10:00 Beach Ball Toss 31 10:45 Jeopardy: Beach 1:45 Sensory Balance 2:45 Bingo 4:00 Short Stories	LOCATION KEY MDR – Main Dining Room AR – Activities Room O – Outside CD – Chittenden Dining Room CU – Champlain Unit MU – Mansfield Unit <i>*Activities and locations are subject to change</i>				10:00 Saturday Stretch 1 11:30 Flower Painting 2:00 Creative Mandala Coloring 4:15 Name that Tune: Sing Along	
10:00 Catholic Mass 2 10:45 Bird Watching 2:15 Firework Artwork 3:30 Cardio Drumming Independence Week	10:00 Move It or Lose It 3 10:30 Cooper Live Music 2:45 Bingo 4:00 Patriotic Pick-a-Letter	10:00 Movie It or Lose It 4 10:45 Patriotic Sing Along 1:30 Darts 3:45 Fireworks Party Independence Day	10:00 Movie It or Lose It 5 10:45 4 th of July Trivia 2:15 Culinary: Red, White, and Blue Smoothies 2:45 Bingo 4:00 Fireworks Viewing	10:00 Movie It or Lose It 6 10:30 Guess Who – American Presidents 1:30 UNO 2:45 Sensory Balance 4:00 Bowling	10:00 Movie It or Lose It 7 10:45 Balloon Toss 11:30 Name That American Hero 2:45 Bingo 4:15 Ice Cream Social	10:00 Chair Zumba 8 11:30 Name that Flower 1:45 Sensory Balance 3:00 Happy Hour 4:00 Nature Exploration: Bald Eagles	
10:00 Catholic Mass 9 11:00 Conversation Ball 1:45 Sensory Balance 3:00 Corn Hole Hawaiian Week	10:00 Move It or Lose It 10 10:45 Balloon Toss 2:45 Bingo 4:15 Corn hole	10:00 Movie It or Lose It 11 10:45 Flower Arranging 1:30 Crazy Eights 3:00 Happy Hour	10:00 Movie It or Lose It 12 10:45 UNO 2:00 Corey Gottfried Live Music 3:45 Wii Baseball	10:00 Movie It or Lose It 13 10:45 Color Me Happy 1:30 Cardio Drumming 2:15 Sensory Balance 3:30 Wii Bowling	10:00 Movie It or Lose It 14 10:30 Cooie Live Music 1:45 Duck Shoot 2:45 Bingo	10:00 Chair Zumba 15 10:45 Bird Watch 1:45 Sensory Balance 2:30 Drinks and Jokes	
10:00 Catholic Mass 16 11:00 Color Me Happy 1:45 Sensory Balance 3:00 Word Fun Travel Week	10:00 Move It or Lose It 17 10:45 Balloon Volleyball 2:45 Bingo	10:00 Movie It or Lose It 18 11:00 Life Skills 2:45 Sensory Balance 4:00 Spa	10:00 Movie It or Lose It 19 10:30 Memory Magic 2:15 Tin Can Knockdown 2:45 Bingo 4:00 Reminisce: 1976	10:00 Movie It or Lose It 20 10:30 Pictionary 1:30 Hit The Target 3:00 Lemonade & Laughs	10:00 Movie It or Lose It 21 10:45 Balloon Toss 1:45 Sensory Balance 2:45 Bingo	10:00 Chair Zumba 22 11:30 Crafty Corner: Jewelry Creations 2:15 Hangman: States & Cities 2:45 Sensory Balance	
10:00 Catholic Mass 23 11:00 Color Me Happy 1:45 Sensory Balance 3:00 Root Beer Floats & Reminisce Comedy Week	10:00 Move It or Lose It 24 10:45 Pictionary 1:45 Slinko 2:45 Snack and Chat	10:00 Movie It or Lose It 25 10:30 Culinary Arts: Watermelon Salad 2:15 Watermelon Social 2:45 Sensory Balance 4:00 Creative Mandala Coloring	10:00 Movie It or Lose It 26 10:45 Memory Magic 2:45 Bingo 4:00 Pudding Social	10:00 Movie It or Lose It 27 10:45 Color Hunt 1:45 Noodle Ball 2:30 Gardening	10:00 Movie It or Lose It 28 10:45 Sensory Balance 1:45 Cardio Drumming 2:45 Bingo	10:00 Chair Zumba 29 10:45 Conversation Ball 1:45 Bowling 3:15 Hot potato	