

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<i>Kindness Week</i>	10:00 Moving to the Music 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: First Radio Broadcast 6:00 Movie Night: Pollyanna	10:00 Chair Yoga 11:00 Apple Pie Cake-Mix Cake 1:00 Bowling 3:00 Scents & Senses 6:00 Neighborhood Visits	10:00 Conversation Ball 11:00 Clay Self-Portrait 2:00 BINGO (MDR) 3:00 Stretching to the Oldies	10:00 Chair Tai Chi 11:00 Chimp Fact or Fiction 1:30 Resident Council 3:00 Play the Keyboard 6:00 Rehab Rounds	10:00 Drumming 2:00 BINGO (MDR) 3:00 Happy Hour & Karaoke 6:00 Movie Night: Pollyanna	10:00 Balloon Volleyball 11:00 Origami Day - Doves 1:30 Ring Toss	
10:00 Religious Services 11:00 American Sing-Alongs 4:00 Card Games <i>Pride of America</i>	10:00 Drumming 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: Presidents 6:00 Movie Night: JFK	10:00 Chair Tai Chi 11:00 Chocolate Pudding 1:00 Bowling 3:00 Scents & Senses 6:00 Neighborhood Visits	10:00 Moving to the Music 11:00 Let the Games Begin: Board Game Day 2:00 Live Music with Corey 3:00 Stretching to the Oldies	10:00 Balloon Volleyball 11:00 Letters to Veterans 1:30 Veteran's Club & Social 3:00 Button Collage 6:00 Rehab Rounds <i>Veterans Day</i>	10:00 Chair Yoga 2:00 BINGO (MDR) 3:00 Happy Hour & Karaoke 6:00 Movie Night: JFK	10:00 Teddy Bear Toss 11:00 History of the First Teddy Bear 1:30 Balloon Baseball	
10:00 Religious Services 11:00 Train Trivia 4:00 Card Games <i>Trains Across America</i>	10:00 Chair Tai Chi 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: Train Rides 6:00 Movie Night: Murder on the Orient Express	10:00 Drumming 11:00 Apple Butter Spice Cookies 1:00 Bowling 3:00 Scents & Senses 6:00 Neighborhood Visits	10:00 Balloon Volleyball 11:00 Painting Wooden Trains 2:00 BINGO (MDR) 3:00 Stretching to the Oldies	10:00 Chair Yoga 11:00 Train Car Social 1:30 Manis & Hand Massages 3:00 Railroad Track Painting 6:00 Rehab Rounds	10:00 Moving to the Music 2:00 Live Music with Coorie 3:00 Happy Hour & Karaoke 6:00 Movie Night: Murder on the Orient Express	10:00 Conversation Ball 11:00 Train Ride Mad Libs 1:30 Target Toss	
10:00 Religious Services 11:00 Paintings of Plenty 4:00 Card Games <i>Happy Thanksgiving!</i>	10:00 Turkey Toss 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: Thanksgiving 6:00 Movie Night: Holiday Inn	10:00 Exercise Dice 11:00 Savory Stuffing Balls 1:00 Bowling 3:00 Scents & Senses - Thanksgiving 6:00 Neighborhood Visits	10:00 Drumming 11:00 Native American Culture: New England Tribes 2:00 BINGO (MDR) 3:00 Stretching to the Oldies	10:00 Balloon Volleyball 11:00 Macy's Parade 1:30 Thanksgiving Social 3:00 Thankful Cards <i>Thanksgiving Day</i>	10:00 Chair Tai Chi 2:00 BINGO (MDR) 3:00 Happy Hour & Karaoke 6:00 Movie Night: Holiday Inn	10:00 Chair Yoga 11:00 Bird Food Treats 1:30 Corn Hole	
10:00 Religious Services 11:00 Snowy Night – Glitter Art 4:00 Card Games <i>Winter is Coming</i>	10:00 Balloon Volleyball 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: 6:00 Movie Night: It's a Wonderful Life <i>Hanukkah begins in the evening</i>	10:00 Moving to the Music 11:00 Sugar Cookies 1:30 Live Music with Cooper 3:00 Scents & Senses 6:00 Neighborhood Visits	LOCATION KEY MDR – Main Dining Room AR – Activities Room O – Outside CD – Chittenden Dining Room CU – Champlain Unit MU – Mansfield Unit *Activities are subject to change*				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Kindness Week	10:00 Moving to the Music 11:00 My Life Story 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: Random Acts of Kindness 6:00 Movie Night: Pollyanna	10:00 Chair Yoga 11:00 Apple Pie Cake-Mix Cake 3:00 Sensory Balance 4:00 Weird History – November	10:00 Conversation Ball 11:00 Clay Self-Portrait 2:00 BINGO (MDR) 3:00 Sensory Balance 4:00 Cliché Day Trivia	10:00 Chair Tai Chi 11:00 Chimp Fact or Fiction 1:30 Resident Council (AR) 3:00 Sensory Balance 4:00 Travelogue: Jane Goodall	10:00 Drumming 11:00 Staff Thank You Cards 2:00 BINGO (MDR) 3:00 Happy Hour Karaoke (AR) 4:00 Nature Exploration (AR) 6:00 Movie Night: Pollyanna	10:00 Balloon Volleyball 11:00 Origami Day - Doves 1:30 Ring Toss 3:00 Kindness Clay Hearts 4:00 Family Feud	
10:00 Religious Services 11:00 American Sing-Alongs 1:30 Golf 3:00 Sensory Balance (AR) Pride of America	10:00 Drumming 11:00 American Flag Painting 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: Presidents 6:00 Movie Night: JFK	10:00 Chair Tai Chi 11:00 Chocolate Pudding 3:00 Sensory Balance 4:00 President Trivia	10:00 Moving to the Music 11:00 American Landscape Painting 2:00 Live Music with Corey 3:00 Sensory Balance 4:00 America Pick-a-Letter	10:00 Balloon Volleyball 11:00 Letters to Veterans 1:30 Veteran's Club & Social 3:00 Sensory Balance 4:00 Travelogue: Military Documentary Veterans Day	10:00 Chair Yoga 11:00 Happy Birthday Marine Corps 2:00 BINGO (MDR) 3:00 Happy Hour: Mocktails & Games (AR) 4:00 Nature Exploration (AR) 6:00 Movie Night: JFK	10:00 Teddy Bear Toss 11:00 History of the First Teddy Bear 1:30 Balloon Baseball 3:00 Jeopardy 4:00 American History – Weird Facts	
10:00 Religious Services 11:00 Train Trivia 1:30 Ring Toss 3:00 Sensory Balance (AR) Trains Across America	10:00 Chair Tai Chi 11:00 Seasonal Soup 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: Train Rides 6:00 Movie Night: Murder on the Orient Express	10:00 Drumming 11:00 Apple Butter Spice Cookies 3:00 Sensory Balance 4:00 Trains Pick-a-Letter	10:00 Balloon Volleyball 11:00 Painting Wooden Trains 2:00 BINGO (MDR) 3:00 Sensory Balance 4:00 Soul Train Sing-Along	10:00 Chair Yoga 11:00 Blackout Poem Writing 1:30 Manis & Hand Massages 3:00 Sensory Balance 4:00 Travelogue: Train Ride Through American History	10:00 Moving to the Music 11:00 Railroad History 2:00 Live Music with Coorie 3:00 Happy Hour Karaoke (AR) 4:00 Nature Exploration (AR) 6:00 Movie Night: Murder on the Orient Express	10:00 Conversation Ball 11:00 Train Ride Mad Libs 1:30 Target Toss 3:00 Salt Dough Train Ornaments 4:00 Jeopardy	
10:00 Religious Services 11:00 Paintings of Plenty 1:30 Football Toss 3:00 Sensory Balance (AR) Happy Thanksgiving!	10:00 Turkey Toss 11:00 Cornucopia Paintings 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: Thanksgiving 6:00 Movie Night: Holiday Inn	10:00 Gratitude Meditation 11:00 Savory Stuffing Balls 3:00 Sensory Balance 4:00 Turkey Trivia	10:00 Drumming 11:00 Native American Culture: New England Tribes 2:00 BINGO (MDR) 3:00 Sensory Balance 4:00 Thanksgiving Traditions Around the World	10:00 Balloon Volleyball 11:00 Macy's Parade 1:30 Thanksgiving Social 3:00 Sensory Balance 4:00 Travelogue: Thanksgiving Around the World Thanksgiving Day	10:00 Chair Tai Chi 11:00 Autumn Landscape Painting 2:00 BINGO (MDR) 3:00 Happy Hour Karaoke (AR) 4:00 Nature Exploration (AR) 6:00 Movie Night: Holiday Inn	10:00 Chair Yoga 11:00 Bird Food Treats 1:30 Corn Hole 3:00 Native American Heritage Day 4:00 Thanksgiving Price is Right	
10:00 Religious Services 11:00 Snowy Night - Glitter Art 1:30 Short Stories - Winter 3:00 Sensory Balance (AR) Winter is Coming	10:00 Balloon Volleyball 11:00 Hanukkah Facts & Lighting of the Menorah 2:00 BINGO (MDR) 3:30 Afternoon Treats & Reminiscing: Winter 6:00 Movie Night: Hanukkah begins in the evening	10:00 Moving to the Music 11:00 Sugar Cookies 1:30 Live Music with Cooper 3:00 Sensory Balance 4:00 How it's Made: Maple Syrup	LOCATION KEY MDR – Main Dining Room AR – Activities Room O – Outside CD – Chittenden Dining Room CU – Champlain Unit MU – Mansfield Unit *Activities are subject to change*				