

SAMPLE WINTER MENU

BREAKFAST

SUNDAY	MONDAY	TUESDAY
<ul style="list-style-type: none"> • Folded Western Omelet • Toast/Muffin • Oatmeal/Cold Cereal • Petite Banana • Milk/Juice/Hot Beverage 	<ul style="list-style-type: none"> • Scrambled Eggs • Italian Toast • Bacon • Cream of Wheat/Cold Cereal • Fruit Cup • Milk/Juice/Hot Beverage 	<ul style="list-style-type: none"> • Hard Boiled Eggs • Chicken Sausage Links • Toast • Oatmeal/Cold Cereal • Spiced Pears • Milk/Juice/Hot Beverage

LUNCH

<ul style="list-style-type: none"> • Vegetable Lasagna with Sauce & Grated Cheese OR Honey Baked Chicken • Garlic Bread • Boiled Baby Red Potatoes • Buttered Italian Mixed Vegetables • Cheesecake • Fruit Cup • Milk/Hot Beverage 	<ul style="list-style-type: none"> • Polish Sausage OR Knockwurst • German Potato Salad • Sauerkraut • Rye Bread with Butter • Peaches with Cherries • Milk/Hot Beverage 	<ul style="list-style-type: none"> • Fried Chicken OR Glazed Ham • Whipped Sweet Potatoes • Cream-Style Corn • Biscuit with Butter • Chunky Cinnamon Applesauce • Milk/Hot Beverage
---	---	--

DINNER

<ul style="list-style-type: none"> • Chili con Carne and Corn Muffin with Butter OR Italian Sausage Hoagie on Steak Roll with Onions & Peppers • Chips & Pickle Wedge • Fresh Vegetable Plate • Ice Cream • Milk/Juice/Hot Beverage 	<ul style="list-style-type: none"> • Soup and Crackers • Turkey Salad on Croissant OR Seafood Salad on Croissant • Dill Pickle, Lettuce & Tomato Slices • Black Forest pudding with whipped topping • Milk/Juice/Hot Beverage 	<ul style="list-style-type: none"> • Soup and Crackers • Grilled Two-Cheese Sandwich on Sourdough OR Cranberry Chicken Salad Sandwich with Chips & a Pickle • Lettuce & Tomato Slices • White Frosted Coconut Cake • Milk/Juice/Hot Beverage
---	---	--