

Resident & Activity Highlights

Resident Spotlight

Sally S.

Resident Birthdays

Gloria B., 3/3
Stephen S., 3/9
Herb K., 3/10
Irene S., 3/20
Jeanne M., 3/22
Stephen W., 3/22
Bob S., 3/25

Welcome New Residents!

Donna S., 319W
Robert S., 319D
Richard M., 304D

In Memoriam

Wesley T., 2/2/2024
Mary Ann W., 2/6/24

Key Events

On Wednesday, 3/13, We will have our special musical guest, Joe Miltsch coming in to play his keyboard and sing for the residents. If you can't come in to bring your family down to see him, then you can bring them down Wednesday 3/27 to come and see Karen Labella sing and play her 12 string guitar for our celebration of those with birthdays in March.

Sally was born and raised in Rochester, NY where she met her husband and later raised her three children. Sally and Alphonse met when they walked past one another on the street, and he said to his friends, "I'm going to marry that girl." Alphonse's wish came true quickly after they were married in 1944. Sally says the best thing about her life is her family; her daughter Camille, sons Charlie and Bernie, and numerous grandchildren and even great-grandchildren.

Sally spent a few years working at Frederick Douglas Junior High as a lunch aide and secretary before moving to work for Monroe County. Sally set up transportation for people who needed rides to appointments for many years until she finally retired at 70 years old. Outside of her workplace, Sally was an avid swimmer at her local gym and a part of a bowling team at Park Lanes.

Sally was a prolific traveler, spending time in California and Hawaii as well as traveling abroad to Italy, France, Jamaica, and Puerto Rico. Sally's children also recount her talent of cooking stating that she never made a meal they didn't love, even if they hid from her dinner call in the willow tree in their backyard!

If you need a kind chat, Italian cookie recipe, or to hear a great story about picking up a stray cat or dancing the jitterbug, stop in and see Sally for a chat!



Spelunking & KerPlunking

Seen here to the right are Sally S. and Herb K. as they take turns trying to make the other one lose and drop all the balls. They both didn't lose their competitive edge as time went on, that's for sure!



Elderwood of Lakeside at
Brockport

emphasis

March 2024

Key Staff

Kimberly Klinetob
Administrator

Tracy Miconi
Director of Nursing

Anna Brouse
Assistant Director of Nursing

Noah Jones
Director of Activities

Jessica Werner
Director of Social Work

Sarah Papponetti
Director of Therapy

Sunshine and Smiles Return

On the left is Phyllis, enjoying some sunshine after working with some rubber ducks, and on the right is Betsy and our Activities staff Rachel L. enjoying some time together in our dining room.



Marching into Sunshine

It's time to mark your calendars, because March is here, and it's bringing with it too many things to keep track of. You've got Daylight Savings, the start of Ramadan, St. Paddy's Day, The Spring Equinox, Holi, and Easter. While you most likely don't celebrate all of these holidays, there's no reason to not celebrate as the days get even longer and as the warmth comes back to Western New York. Now might be the time to start taking your loved ones outside when you visit and enjoy the sun under our gazebo.

March is known by many names, including veggie month and Irish American Heritage Month. It's also known as Spiritual Wellness Month, so no matter what your faith is, it's a good time of year to take a minute and reflect on your spiritual well-being. March is also known as crochet month, so if your family member loves to crochet, it might be a good time to see how they're doing on yarn. In case you didn't know, March is social workers month, so if you see one of our social workers while you're visiting, please make sure to thank them for everything that they do.

If you're a son or husband of a resident here, then I have a challenge for you. This month is Women's History Month and Listening Awareness month, so this might be the best month to start asking your mom or wife about what things were like for her before you became a part of her world; that is, if you don't already know. You will definitely get a better understanding of your loved one, and everyone loves to tell their story. You might even be surprised to learn things that she never told you about, maybe she was part of a biker gang, or took part in a bank heist; you'll never know unless you ask.

So this March, take the time to remind yourself of the warmth around you, and the warmth you bring with you whenever you visit. As the rays from the sun intensify, so too does your presence intensify the well-being and health of your family here. After all, "You are their sunshine, their only sunshine, you make them happy when skies are grey. You'll never know dear how much they love you. Please don't take their sunshine away."



ACTIVITIES CALENDAR

Elderwood of Lakeside at Brockport
March 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>31</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 Easter Egg Coloring 2LL 4:00 Coffee & Donuts UNITS</div> <div>Easter</div>	<div>LOCATION KEY:</div> <div>LL: Large Lounge SL: Small Lounge DR: Dining Room Café: 1st Floor Café UNITS: Staff will come up to each floor</div>				<div>1</div> <div>10:00 Tabletop Bowling 4LL 10:30 Spelling Bee: Fantasy Edition 4LL 11:00 Collaborative Writing: Sci-fi VS Fantasy 2:00 Crochet Class 2LL 3:30 Happy Hour: Unicorn Lemonade UNITS</div>	<div>2</div> <div>10:00 Coffee Cart UNITS 11:00 Bocce Ball 2LL 2:00 Relax & Reminisce 4LL 3:00 Spelling Bee 4LL</div>
<div>3</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 Photo Reminiscing: School Days 2LL 4:00 Peach Blossom Painting 4LL</div> <div>Childhood Nostalgia Week</div>	<div>4</div> <div>10:00 Balloon Baseball 2LL 10:30 Scratch Drawing: Charlie Brown 2LL 11:00 Spill and Spell Game 3DR 2:00 Monday Matinee: Lady & The Tramp 2LL 4:15 Past Teachers Reminiscing 4LL 5:00 Childhood Coloring 4LL</div>	<div>5</div> <div>10:00 Indoor 4 Square 2LL 10:30 Dr Seuss: Before the Books 2LL 11:00 Bingo 4DR 11:00 Rosary 2SL 2:15 Piano Lessons UNITS 3:00 Bingo 2DR 4:15 Backgammon 4LL</div>	<div>6</div> <div>10:00 Cardio Drumming 4LL 10:30 Birdhouse Building 4LL 11:00 Food Committee 2DR 2:00 Karaoke: Jukebox Classics 4LL 3:00 Parachute 4LL 4:15 Euchre 2DR 5:00 Jeopardy: 50's Edition</div>	<div>7</div> <div>10:00 Bean Bag Twister 4LL 11:00 Bingo 2DR 11:00 Rosary 4SL 2:00 Raggedy Ann Craft 2LL 3:00 Bingo 4DR 4:15 Letter Writing to Students 2LL</div>	<div>8</div> <div>10:00 Wii Bowling 2LL 11:00 Classic Westerns Movie Discussion 2LL 11:30 Sunday Funnies Lookback: Beetle Bailey 2LL 2:00 Crochet Class 3:30 Happy Hour: Pink Punch Cocktail UNITS</div>	<div>9</div> <div>10:00 Coffee Cart UNITS 11:00 Marble Painting 4LL 2:00 Relax & Reminisce 4LL 3:00 Game of Old Maid 2LL</div>
<div>10</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 UK Cities Trivia Game 2LL 4:00 How it's Made: Irish Linen 4LL</div> <div>Irish Spirit Week</div>	<div>11</div> <div>10:00 Leprechaun Hat Toss 2LL 10:30 Brewing Class: Irish Stout 2LL 11:00 History of Irish Beer 2LL 2:00 Monday Matinee: Dancing at Lughnasa 4LL 4:15 Ireland Word Ladder 2LL 5:00 Armchair Travel: The Blarney Stone 4LL</div>	<div>12</div> <div>10:00 Dancing with Irish Music 4LL 10:30 Resident Council 2LL 11:00 Bingo 4DR 11:00 Rosary 2SL 2:15 Piano Lessons UNITS 3:00 Bingo 2DR 4:15 Coat of Arms Coloring 4LL</div>	<div>13</div> <div>10:00 Cardio Drumming 2LL 10:30 History of Riverdance 2LL 11:00 Irish Jeopardy 4LL 2:30 Music with Joe Miltsch Café 4:15 Irish Idioms and Sayings 4LL 5:00 Alphabet Game: Ireland 4LL</div>	<div>14</div> <div>10:00 Beach Ball Soccer 2LL 10:30 Collaborative Limerick Writing 2LL 12:30 St. Paddy's Luncheon Café 2:00 Music Appreciation: Modern Irish Music 3DR 3:00 Bingo 4DR 4:15 St. Patrick Mad Libs 2LL</div>	<div>15</div> <div>10:00 Leprechaun Hunting 4LL 10:30 NY History: Tipp Hill 4LL 11:00 Bingo 2DR 2:00 Activities Committee 2LL 3:30 Happy Hour: Green Beer UNITS</div>	<div>16</div> <div>10:00 Coffee Carts UNITS 11:00 St. Paddy's Color by # 4LL 2:00 Relax & Reminisce 4LL 3:00 Pot of Gold Coin Toss 2LL</div>
<div>17</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 St. Patrick Scattergories 2LL 4:00 Roll a Rainbow Game 4LL</div> <div>St. Patrick's Day Spring Week</div>	<div>18</div> <div>10:00 BASEketball Game 2LL 10:30 Giant Bumble Bee Craft 2LL 11:00 Piano Lessons UNITS 2:00 Monday Matinee: Mary Poppins 4LL 4:15 Boomwhackers Chorus 4LL 5:00 Armchair Travel: Netherlands Flower Auction 4LL</div>	<div>19</div> <div>10:00 Balloon Hunting 2LL 10:30 First Day of Spring Discussion 2LL 11:00 Bingo 4DR 2:00 Rosary 4SL 3:00 Bingo 2DR 4:15 Plant Pot Painting 4LL</div>	<div>20</div> <div>10:00 Outing: Local Park 11:00 Chair Yoga 2LL 2:30 Catholic Mass Café 3:00 Wii Sports 3DR 4:15 Pom Pom Rabbit Craft 4LL 5:00 Spring Color by Number 4LL</div>	<div>21</div> <div>10:00 Beach Ball Baseball 2LL 10:30 Spring Cleaning Reminiscing 2LL 11:00 Bingo 2DR 2:00 Sing-A-Long Spring Songs 2LL 3:00 Bingo 4DR 4:15 Name That Tune: Spring Songs 4LL</div>	<div>22</div> <div>10:00 Cardio Drumming 2LL 10:30 Birdhouse Building 2LL 11:00 Euchre 2LL 2:00 Louis Visits UNITS 3:30 Happy Hour: Fuzzy Navel UNITS</div>	<div>23</div> <div>10:00 Coffee Cart UNITS 11:00 Flower Arrangements 2LL 2:00 Relax & Reminisce 4LL 3:00 Flower Lacing 4LL</div>
<div>24</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 Change the Song Name Game 2LL 4:00 Spot the Difference Game 4LL</div> <div>Embrace Change Week</div>	<div>25</div> <div>10:00 Balloon Tennis 2LL 10:30 World Holidays: Holi 2LL 11:00 Paint Throwing OUTSIDE 2:00 Monday Matinee: Rocky 4LL 4:15 Piano Lessons UNITS 5:00 Art Appreciation: Forced Perspective 4LL</div>	<div>26</div> <div>10:00 Discussion Ball Toss 2LL 10:30 Collaborative Puzzle Solving 2LL 11:00 Bingo 4DR 2:00 Rosary 4SL 3:00 Bingo 2DR 4:15 Guided Meditation: Accepting Change 4LL</div>	<div>27</div> <div>10:00 Cardio Drumming 2LL 10:30 Reminiscing: How Travel Changed 2LL 11:00 Discussion: Handling Change 2LL 2:30 Music with Karen Labella Café 4:15 Splatter Painting 4LL 5:00 Wives Tales: Fact or Fiction? 4LL</div>	<div>28</div> <div>10:00 Beach Ball Soccer 4LL 10:30 Reminiscing: How Baseball Evolved 4LL 11:00 Bingo 2DR 2:00 UNO 3DR 3:00 Bingo 4DR 4:15 Music Appreciation: Covers of Songs 2LL</div>	<div>29</div> <div>10:00 Football Tossing 2LL 10:30 Personal Growth Discussion 2LL 11:00 Calendar Posting UNITS 2:00 Drawing from Shapes 2LL 3:00 Music and Mandalas 3DR 3:30 Happy Hour: Color Changing Seltzer UNITS</div>	<div>30</div> <div>10:00 Coffee Cart UNITS 11:00 Pin the tail on the bunny 2LL 2:00 Relax & Reminisce 4LL 3:00 Weather Sorting Sensory Bin 4LL</div>



ACTIVITIES CALENDAR

FACILITY
LOCATION HERE
SEASONS

**March
2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>31</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 Easter Egg Coloring 2LL 4:00 Coffee & Donuts UNITS</div> <div>Easter</div>	<div>LOCATION KEY:</div> <div>LL: Large Lounge SL: Small Lounge DR: Dining Room Café: 1st Floor Café UNITS: Activities staff will come to each floor</div>			<div>Activities that Occur Every Weekday (Location Will Vary): 10:00 Morning Wake-Up 11:30 Sensory Wake-Up 2:00 Relax & Reminisce</div>	<div>1</div> <div>10:30 Welcome to March Discussion 2LL 11:00 Build a Pizza Craft 2LL 3:00 Sing Along 4LL 3:30 Happy Hour: Unicorn Lemonade UNITS</div>	<div>2</div> <div>10:00 Coffee Cart UNITS 11:00 Bocce Ball 2LL 2:00 Relax & Reminisce 4LL 3:00 Spelling Bee 4LL</div>
<div>3</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 Photo Reminiscing: School Days 2LL 4:00 Peach Blossom Painting 4LL</div> <div>Childhood Nostalgia Week</div>	<div>4</div> <div>10:30 Barbie Scavenger Hunt 4LL 11:00 Pink Glitter Slime 4LL 3:00 Nail Salon Activity 4LL 3:45 Barbies through the years 2LL 4:15 Barbie Coloring Pages 2LL</div>	<div>5</div> <div>10:30 Truffula Tree Stacking Challenge 4LL 11:00 Bingo 4DR 3:00 Bingo 2DR 4:15 Fox in Socks Craft 2LL</div>	<div>6</div> <div>10:30 Robot Showdown 2LL 11:00 Spelling Bee: Toys Edition 4LL 3:00 Treasured Toys Discussion 2LL 3:45 Lincoln Log Tower Build 4LL 4:15 Roller Skating Craft 4LL</div>	<div>7</div> <div>10:30 Hunting Game 2LL 11:00 Bingo 2DR 3:00 Bingo 4DR 4:15 Retro Coloring Sheets 4LL</div>	<div>8</div> <div>10:30 Game Hour 4LL 3:00 Unsolved Mystery Discussion 2LL 3:30 Happy Hour: Barbie Pink Punch UNITS</div>	<div>9</div> <div>10:00 Coffee Cart UNITS 11:00 Marble Painting 4LL 2:00 Relax & Reminisce 4LL 3:00 Game of Old Maid 2LL</div>
<div>10</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 UK Cities Trivia Game 2LL 4:00 How it's Made: Irish Linen 4LL</div> <div>Irish Spirit Week</div>	<div>11</div> <div>10:30 Clover Collage 4LL 11:00 Baking Class: Green Velvet Cupcakes 4LL 3:00 What's Your Leprechaun Name? 2LL 3:45 Marshmallow Shamrock Stamping 2LL 4:15 Lucky Charms Sensory Bin 4LL</div>	<div>12</div> <div>10:30 Baking Class: Irish Soda Bread 4DR 11:00 Bingo 4DR 3:00 Bingo 2DR 4:15 50's Car Trivia 2DR</div>	<div>13</div> <div>10:30 Cooking Class: Irish Stew 4DR 11:00 St. Paddy's Gold Dig Sensory Bin 2LL 2:30 Joe Miltsch Performance Cafe</div>	<div>14</div> <div>10:30 Frosting Cupcakes 4LL 12:30 Luncheon *Invite Only* 3:00 Bingo 4DR 4:15 Clover Lacing 4DR</div>	<div>15</div> <div>10:30 Word Scrambles 2LL 11:00 Bingo 2DR 3:00 Irish Sing Along 4LL 3:30 Happy Hour: Green Beer UNITS</div>	<div>16</div> <div>10:00 Coffee Carts UNITS 11:00 St. Paddy's Color by # 4LL 2:00 Relax & Reminisce 4LL 3:00 Pot of Gold Coin Toss 2LL</div>
<div>17</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 St. Patrick Scattergories 2LL 4:00 Roll a Rainbow Game 4LL</div> <div>St. Patrick's Day Spring Week</div>	<div>18</div> <div>10:30 Spring Matching Game 4LL 11:00 Fork Stamped Tulip Craft 4LL 3:00 Gardening Scavenger Hunt 2LL 3:45 Lavendar Playdoh 2LL 4:15 Who Am I? Trivia 2LL</div>	<div>19</div> <div>10:30 Do a dot Spring Worksheets 4LL 11:00 Bingo 4DR 3:00 Bingo 2DR 4:15 ISpy Spring 2LL</div>	<div>20</div> <div>10:30 Rock Painting 4LL 11:00 Spring Spelling Bee 4LL 2:30 Catholic Mass Cafe 4:15 Golden Oldie Trivia 2LL</div>	<div>21</div> <div>10:30 Bug Rescue Sensory Bin 4LL 11:00 Bingo 2DR 3:00 Bingo 4DR 4:15 Alphabet Name Game 2LL</div>	<div>22</div> <div>10:30 Spring Coloring Sheets 4LL 11:00 Suncatcher Painting 4LL 3:00 Flower Meanings Discussion 4LL 3:30 Happy Hour: Fuzzy Navels UNITS</div>	<div>23</div> <div>10:00 Coffee Cart UNITS 11:00 Flower Arrangements 2LL 2:00 Relax & Reminisce 4LL 3:00 Flower Lacing 4LL</div>
<div>24</div> <div>10:00 Morning Service 2LL 11:00 Morning Service 4LL 2:00 Relax & Reminisce 2LL 3:00 Change the Song Name Game 2LL 4:00 Spot the Difference Game 4LL</div> <div>Embrace Change Week</div>	<div>25</div> <div>10:30 Painting with Feathers 4LL 11:00 Bird Identification & Bracketing 4LL 3:00 Armchair Travel: Gardens around the World 2LL 3:45 Music Appreciation: Songs about Change 2LL 4:15 Edible Life Cycle of a Butterfly 2LL</div>	<div>26</div> <div>10:30 Leap Frog Craft 4LL 11:00 Bingo 4DR 3:00 Bingo 2DR 4:15 Jell-O Frog Excavation 2LL</div>	<div>27</div> <div>10:30 Flower Garden Craft 4LL 11:00 Garden Seed Bombs 2LL 2:30 March Birthday Celebration Café</div>	<div>28</div> <div>10:30 Coffee Filter Butterflies 2LL 11:00 Bingo 2DR 3:00 Bingo 4DR 4:15 Butterfly Matching 4LL</div>	<div>29</div> <div>10:30 Bubble Wrap Beehive Craft 4LL 11:00 Calendar Posting UNITS 3:00 Pollen Transfer Sensory Bin 4LL 3:30 Happy Hour: Color Changing Hard Seltzers UNITS</div>	<div>30</div> <div>10:00 Coffee Cart UNITS 11:00 Pin the tail on the bunny 2LL 2:00 Relax & Reminisce 4LL 3:00 Weather Sorting Sensory Bin 4LL</div>