

## **Testing, Cohorting, Personal Protective Equipment (PPE), & Staffing**

### **Testing**

- Testing is completed through Medical Diagnostic Laboratories, MDLab, and will have testing completed through this reference lab
- We have a small number of test kits available to test residents/individuals showing symptoms of COVID-19 within a 24-hour period
- Currently we are not permitting non-essential staff or volunteers to enter the facility. When we do allow non-essential staff, temperature and a complete screening questionnaire will occur upon entry to the facility.
- There have been no residents/staff that have declined testing for the individuals at our sites. If a staff member declines testing, policy states employees are not permitted to work until testing is completed.

### **Cohorting**

- When COVID + residents are identified, cohorting residents will be based on zones. Our facility has three floors and therefore the ability to establish zones based on DOH guidelines: Green, Yellow, and Red.

#### **GREEN Zone**

- Have had no exposure AND are asymptomatic.

#### **YELLOW Zone**

- Residents who are isolated due to an exposure to a COVID 19-positive individual.
  - » PPE: Gloves, Gown, Surgical Mask and eye protection
  - » Bundle care by minimizing the number of HCP and other staff
  - » Social Distancing of at least six feet from the individual should be maintained except for brief, necessary interactions.

#### **RED Zone**

- Residents who tested positive for COVID 19
  - » PPE: Gloves, Gown, N-95 Mask and Eye Protection
  - » Bundle care by minimizing the number of HCP and other staff
  - » Social Distancing of at least six feet from the individual should be maintained except for brief, necessary interactions.
  - » Record any staff member who enters the room by using a daily log
  - » Staff will not "float" between floors

## **Personal Protective Equipment (PPE)**

### **PPE Inventory:**

- Our inventory of PPE is assessed daily and documented in a centralized database, which includes a burn-rate calculator to anticipate needs.
- The supply is monitored closely by our Central Supply Assistant and facility leadership as well as our Regional Purchasing Agent.
- Currently we have adequate supply of PPE to last for several weeks. In addition to our facility-specific supply, we can obtain additional PPE inventory from other Elderwood sites.

## **Staffing**

- Our current staffing is adequate to provide care to the residents at our site as well as to support visitation.
- We have developed a comprehensive emergency staffing plan to mitigate staffing shortages through cohorting and cross-training staff in the event of staffing shortages due to the pandemic.

## **Screening Protocols**

All residents receive temperature checks twice daily

All residents are actively monitored for signs and symptoms consistent with COVID-19

- Clinical staff observes for both typical and atypical symptoms consistent with COVID-19

All staff have a temperature assessment and complete screening questionnaire upon entry into the facility and before assuming work responsibilities.

All staff working 7.5 hours or more receive a mid-shift temperature and symptom assessment.

If the screening reveals any concerns regarding exposure or illness, staff members are required to leave the building and recommended to seek care for a medical provider.

All healthcare personnel who are not staff have a temperature assessment and complete a screening questionnaire upon entry into the facility and before assuming their work responsibilities. The questionnaire includes questions regarding symptoms, possible exposures and travel history. If screening reveals any concerns regarding exposure or illness, healthcare personnel are required to leave the building.

Non-essential and volunteer visitors are prohibited to enter the facility until further notice.

All visitors will have a temperature assessment and complete a screening questionnaire upon entry into the facility and before visiting a resident. The questionnaire includes questions regarding symptoms, possible exposures and travel history. If screening reveals any concerns regarding exposure or illness, visitors will be required to leave the building immediately.

## **Meals**

Communal dining will occur over staggered seating. Staggered seating will allow for appropriate social distancing while resuming communal dining.

All residents and employees entering and exiting the dining room will use hand sanitizer.

Residents are to wear masks until they are seated. Masks will be placed on a disposable plate while the resident has their meal and worn when meal is completed and upon exiting the dining room.

There will be one resident per table and the tables will be located six feet apart from one another to ensure social distancing occurs.

Hand hygiene is completed prior to meals. Table and chairs will be cleaning using a facility approved germicidal/disinfecting cleaning agent after each meal. Staff will wear masks and other PPE as needed and appropriate when assisting with meal service. Alcohol-based hand sanitizer is readily available for residents and staff.

Communal dining is limited to Residents unexposed to COVID-19.

## **Activities and Outings**

Small group activities of 5 or less Residents may be held when the Residents are unexposed to COVID-19, maintaining six-feet of social distance, donning masks as tolerated, and completing proper had hygiene. Hand hygiene will be offered prior to each activity, during the activity as needed, and at the conclusion. Care will be taken to ensure activity items are sanitized after each use and not shared by more than one Resident when possible. Residents will be spaced six feet apart when seated at tables, preferably 1 Resident per table. Outdoor activities will be encouraged, weather permitting. Continued 1:1 activity will also be held.

Activities in Step 2 or 3 are the same as above Step 1

Elderwood Senior Living at Lancaster is not hosting outings.

## Visitation

- Visitation hours will be scheduled during timeframes when adequate staffing is available and when families frequently visited prior to the pandemic (typically 9am-630pm). The length of visit will be limited to 30 minutes.
- Visitation schedules will be recorded electronically and scheduled through the facilities activity director and administrative assistant.
- The length of the visit will be 30 minutes and limited to two visitors and no one under the age of 18 is permitted.
- The visitation area will be sanitized before and after each visit, using a facility-approved germicidal/disinfecting cleaning agent. Alcohol-based hand sanitizer is available in the visitation area.
- Those residents and families who are experiencing emotional and behavioral difficulties due to separation during the pandemic will be prioritized for visitation.
- Elderwood leadership will work to accommodate families experiencing a unique situation requiring a specific timeframe for visitation to the best of our ability.
- If weather does not permit outside visitation, inside visitation will occur in the theater room, which will allow access from the outside limiting cross-over into resident's areas.
- During indoor visits, a physical barrier will always be in place between Resident and visitors (i.e. a table or bench) as maintained by the supervising team member. Additional markings may be utilized to further define six feet distancing.
- During outdoor visits, a physical barrier will always be in place between Resident and visitors (i.e. a table or bench) as maintained by the supervising team member. Additional markings may be utilized to further define six feet distancing.
- In the rare event that a visit needs to occur in the resident's room visitors will be asked to wear a gown along with a mask during the visit. The visitor will be instructed to limit the visit to a defined area in the room. If the resident has a roommate, the roommate will be moved from the room for the visit. Following the visit, the room will be sanitized using a facility approved germicidal/disinfecting cleaning agent. Alcohol-based hand sanitizer will be available in the room.
- Elderwood Senior Living is not using volunteer to support the visitation staff. These functions will be maintained by Elderwood Senior Living staff members.